

Improvement Milestones & Metrics

- Patient satisfaction
- Reduction in inappropriate emergency department utilization
- Reduction in psychiatric inpatient admissions
- Patient quality of life
- Reduction of baseline number of patients impacted with high blood pressure
- Reduction in number of diabetic patients in target population
- Reduction in Incarcerations in target population
- Improved functional status of target population

Population Focus

- Individuals with Intellectual and Developmental Disability (IDD)/ Autism Spectrum Disorder
- Individuals in IDD population with a chronic disease
- Individuals with behavioral health issues
- Individuals who are homeless with mental illness
- Individuals with co-occurring mental illness and substance abuse

Background

The Texas Healthcare Transformation and Quality Improvement Program is a 5-year federally approved waiver (also known as the 1115 Waiver) that allows providers to reshape healthcare in their communities and improve access for low-income individuals to affordable care. MHMR Tarrant is one of 28 providers in this region, which is led by JPS Hospital.



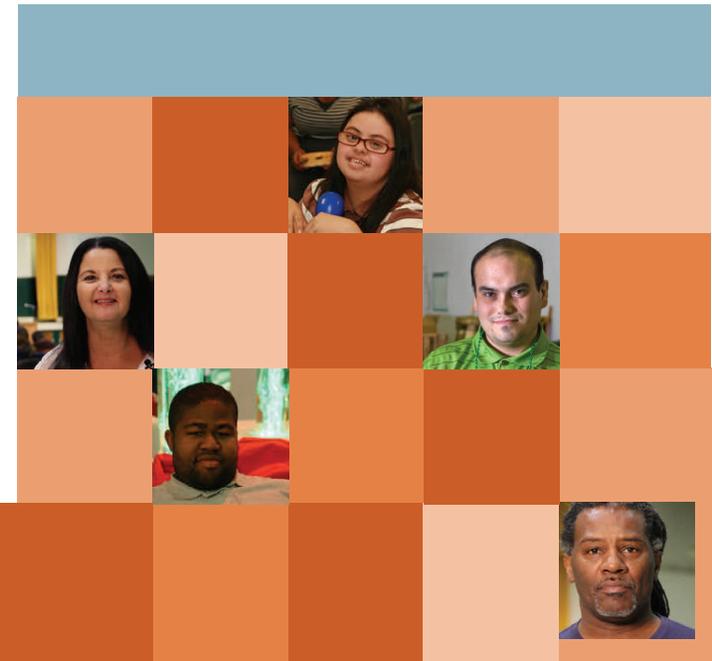
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Health Care Transformation Initiatives



Transforming Health Care in Texas

Our Initiatives



Crisis Avoidance/ Stabilization

Implements a 24-hour, 7-day-a-week crisis response capability, a therapeutic respite facility for short-term planned stabilization, behavioral support and intensive service coordination services for people with intellectual and developmental disabilities. Initiative is based on the START model designed at the University of New Hampshire.

Nurse Care Management

Implements a Nursing Care Coordination model for individuals with intellectual and developmental disabilities and chronic disease. Nurses will assist individuals and their caregivers with understanding and follow-through related to chronic disease management.



Behavioral Healthcare Expansion

Expands access to service by opening a new clinic location and extending hours in existing clinics.

Integrated Healthcare

Subcontracts with the North Texas Association of Community Health Centers to co-locate primary care and behavioral health services at the MHMR clinic in the Fort

Worth homeless district on East Lancaster Avenue.

Detoxification Expansion

Increases medically supervised in-patient detoxification unit by 8 beds to 20 beds and implements new post-discharge interventions, including peer support services.

Substance Use Disorder Outpatient Integration

Integrates substance abuse services, including screening, assessments, counseling and peer support services, within existing adult mental health outpatient clinics.



“Without MHMR I would not be able to afford my medications or receive psychological treatment. I would not be able to function. I would not be able to maintain the joy life brings when you are stable. At my worst I could have committed suicide or harmed myself or others. I wouldn’t be where I am today.”

Megan Bivens

Our Approach

- Measure patient care impact
- Reduce high cost of services
- Participate in regional learning
- Report progress and milestones biannually
- Foster innovative service

By the Numbers

1,150 individuals to access mental health services by 2016

8 new detox beds

1,150 individuals to receive detox

130 new employees