“Life sometimes is not what I expect, and my military service was no different. By seeking help when I needed it and being diligent about my own care, I am living a life full of hope and purpose.”

- Jarryd

Veteran Services Questions?
(817) 335-5405

Emergencies and other services
ICARE Call Center
24/7 local toll free (817)335-3022
(800)866-2465
(817)569-4488
MHMR Veteran Services expands and coordinates access to behavioral health services to veterans, their family members and others in North Texas who have been adversely affected by a military experience. Several programs serve Tarrant, Dallas, Denton, Hood, Ellis, Johnson, Palo Pinto, Parker, Somervell and Wise Counties.

Military service can bring about experiences, feelings and memories never before encountered. Some of these have a substantial impact on ourselves and those we love.

Veteran Services is here to help!

About Veteran Services

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Services

Counseling Services
- Individual
- Group
- Family
- Psychiatric Care

Peer-to-Peer Services
- Veteran Support Groups
- Mentorship
- Volunteer Opportunities

Who
- Veterans
- Dependents
- Family Members
- Friends

More Information
- All services are confidential
- Male and female counselors
- Our mental health professionals are veterans or a family member of a veteran
- Call 817-335-5405 to set up your first appointment.

Eligibility

Eligibility varies for each program.

General Guidelines
- Residence in a North Texas County
- U.S. Armed Forces Veteran, Guardsman or Reservist
- Military Family Member or Friend
- Any Character of Discharge