Aetna Awards $50,000 for Project Thrive for Youth

FORT WORTH, Texas – The Aetna Foundation awarded MHMR Visions with $50,000 for Project Thrive to help support youth and families served by My Health My Resources (MHMR) of Tarrant County.

Project Thrive will support youth and their families to reach their fullest potential and achieve optimal wellness by accessing needed community supports through therapeutic camps, partial hospitalization and intensive outpatient treatment; Parent Cafés to strengthen family’s protective factors; and community activities that promote inclusion, said Catherine Carlton, director of communication.

“For many families, the primary focus is often on the health care needs of their children while, at the same time, navigating which services Medicaid or their health insurance provider will cover,” Carlton added. “Furthermore, youth with unique health care challenges often find themselves isolated and feel different. Camp and family activities provide opportunities for youth and families to feel ‘normal.’”

Aetna Foundation will expand access to these activities to youth with developmental delays, behavioral health challenges and intellectual disabilities, which will not only help youth enhance coping skills, socialization and overall quality of life, but also will provide much-needed respite and support to caregivers allowing families in our community to thrive.

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About MHMR Visions
Incorporated in 2001 as a 501(c)(3) charitable organization, MHMR Visions’ primary purpose is to ensure the availability of quality services and to heighten the community’s awareness of behavioral, intellectual, and developmental disabilities issues as a strategy for acquiring and distributing funds that enhance the lives of individuals served by MHMR.

About MHMR
For nearly 50 years, MHMR Tarrant has improved the lives of people with health care needs, such as substance abuse, psychiatric disorders, and intellectual delays and disabilities. Using innovative approaches, MHMR partners with individuals and families, and collaborates with other community organizations to provide services and a hopeful future.

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Project Thrive is supported by the Aetna Foundation, a national foundation based in Hartford, Connecticut that supports projects that promote wellness, health and access to high quality health care for everyone. The views presented here are those of the author and not necessarily those of the Aetna Foundation, its directors, officers, or staff.